



SURGERY APPOINTMENT INSTRUCTIONS

Prior to the surgery, a blood draw will be done. This procedure, called PRGF, enables us to isolate, concentrate, and remove growth factors from a patient's blood. These growth factors (proteins) present in the blood are responsible for repairing tissues naturally. The use of this PRGF technology is a new, advanced technique being used in dental medicine to ensure best surgical outcomes by make our surgeries minimally invasive, predictable, and bio-safe.

Please follow these guidelines before your blood draw:

1. Drink plenty of water before your blood test. This will not only make you feel better, it will also make for a smoother blood draw. Drink at least 2-3 tall glasses of water before you leave home to arrive at the office for your appointment.
2. Avoid coffee or other caffeinated drinks before your appointment.
3. Eat breakfast to help keep your blood sugar up.
4. Do not take Ibuprofen (Advil/Motrin) 24 hours prior to appointment.
5. No Alcoholic beverages for 24 hours prior to your appointment.
6. If you have been prescribed any medications by us, remember to take them as per instructions. For example, you may have been given a prescription antibiotic to be taken one hour prior to your dental appointment.

If you have any questions or need clarification, please call us at the office: (508) 832-3205